

Heart Attack Warning Signs

Chest Pain or Discomfort

- Pressure, squeezing, or fullness
- May feel like heartburn or indigestion

Difficulty Breathing / Shortness of Breath / Pain in the Upper Body

- One or both arms
- Back
- Neck or Jaw
- Stomach

Other Signs (*with or without chest pain*)

- Breaking out in cold sweat
- Nausea/Vomiting
- Light-Headedness
- Extreme Weakness/Fatigue

**If any of these symptoms are present,
call 9-1-1 immediately or go to the
nearest Emergency Department.**



First & Only
Accredited Chest Pain Center
in the Region

Glendale Memorial Hospital

A member of CHW

Emergency Department at Central & Los Feliz